



**WALL HIGH SCHOOL**  
**Physical Education**  
**Procedures and Policies**

During this exciting time of change and growth within the Wall School District, the Physical Education Department would like to take this opportunity to share with you the policies and procedures we have established to assure your child's success within our discipline. Our goal is to ensure the continued Health and Wellness of our students with the following criteria in place as an assessment tool.

## **Sample 56-Minute PE Schedule**

### **Period 1: 7:24 - 8:20 (56 minutes)**

- 1. Arrival and Changing (7:24 - 7:32)**
    - Report directly to locker rooms.
    - Locker room doors will be locked 1 minute after the bell.
    - Students remain in the locker room until 8 minutes after the bell.
  - 2. Escort to North Gym (7:32 - 7:33)**
  - 3. Attendance and Warmups (7:33 - 7:38)**
    - Base & Activity Attendance taken.
    - 5 minutes of warm up exercises.
  - 4. Activity Time (7:38 - 8:12)**
    - 30-40 minutes of physical activity.
  - 5. Dismissal (8:12 - 8:20)**
    - Students are dismissed to return to the locker room with 8 minutes remaining in the period.
- 

## **Duties:**

- **Boys Locker Room Door**
  - **Girls Locker Room Door**
  - **North Gym/Hallway**
- 

## **P.E. Procedures**

### **Attendance**

- Attendance will be taken in the **North Gym** at the start of every class.
- **Late Arrivals:** Students arriving late must provide documentation from their previous teacher.
  - Students are responsible for notifying both the **Base Teacher** and the **Activity Teacher** of any late arrival.
- **Dismissal:** Students will be dismissed from the locker room. Leaving before the bell will result in disciplinary action.

## **Absences**

- All students must report to their **Base Teacher** for attendance at the beginning of class. Failure to do so will result in being marked absent.
- **Medically excused students** must report to their base teacher before going to the media center.

## **Medically Excused Students**

- Students must provide documentation for medical excuses, including notes from a parent, guardian, or physician, which must be reviewed by the school nurse.
- **Long-term medical excuses (21+ consecutive school days):**
  - Students are required to complete Physical Education activity packets.
  - If one activity is missed in a marking period, one activity packet is required. If both activities are missed, two packets are required.
  - Students should obtain the packet(s) from their **Base Teacher** and submit the completed work to the Base Teacher by the specified deadline.
  - Failure to submit completed packets on time will result in a zero for that marking period.

## **Security**

- Each student is assigned a lock and locker for the school year.
  - **Valuables (phones, jewelry, personal items)** must be locked up before leaving the locker room, at both the beginning and end of class.
    - Students are responsible for locking their belongings.
    - Do not share your locker combination with anyone, except for a designated locker partner (if applicable).
    - **Reminder:** Never leave valuables unattended.
- 

## **P.E. Grading Policy**

All students begin the academic year with a grade of **100** in Physical Education. Deductions will be made based on the following criteria:

### **1. Preparation (5 Point Deduction)**

**Students must be properly prepared for P.E. class, including:**

- **P.E. Uniform:**
  - T-shirt
  - Athletic shorts (appropriate length per WHS dress code)
  - Sweatpants/athletic pants
  - Sweatshirt
  - Athletic sneakers with laces
- **Note:** Wall athletic team uniforms **cannot** be worn for P.E. class.
  - For questions or concerns about the P.E. uniform, please contact your P.E. teacher or the Athletic Director.

## **Jewelry:**

- No jewelry is allowed for safety reasons.
  - Exceptions: Medical alert jewelry and stud earrings that are flush to the ear.
  - Students must lock their jewelry in their P.E. lockers.

## **Cell Phones:**

- Cell phones are **not permitted** in P.E. class and must be locked in P.E. lockers.
  - Bringing a phone onto the gym floor may result in disciplinary action, as per the WHS cell phone policy.

## **Headphones/Earbuds & Hats:**

- Headphones, earbuds, and hats are **not permitted** in the locker room or during class.
    - Bringing these items onto the gym floor may result in loss of participation and potential disciplinary actions.
- 

## **2. Participation (Up to 5 Point Deduction)**

### **Active participation in class activities is expected, which includes:**

- **Involvement:** Students should engage to the best of their abilities in fitness or movement activities led by the teacher.
  - **Behavior:** Positive sportsmanship and behavior are required throughout all activities.
- 

## **3. Make-Up Opportunity for Unprepared Grades**

To provide every student with the chance for success, students can make up to **2 unprepared grades** (10 points) per marking period. Make-up days are scheduled as follows:

- **Day 1:** During unit lunch (location based on weather conditions).
- **Day 2:** The following day after school.

**Plan accordingly!** Check with your teacher or their website for the exact dates and times of the make-up days.

---

We hope this policy helps guide students to a positive and successful outcome. Your support is greatly appreciated, and we look forward to working with your children this year.